

~ You Are A Light Leader ~ Warm Up Journal Reflection Exercise

Reflection Exercise:

Answer these questions based upon listening to your Light Leader Definition recording: http://www.entrepreneursoulcoach.com/audio/lightleaderdef.mp3

Describe the thoughts, feelings, and internal dialogue you experienced related to perceiving yourself as a Light Leader based upon the content in this recording

If relevant, journal on why you think that you are NOT a Light Leader. List instances, thought processes, beliefs, behaviors, and perhaps specific past actions that cause you to believe that you are not a Light Leader

Journal on all the reasons why you know in your heart of hearts that you ARE a Light Leader. List instances, thought processes, beliefs, behaviors, and perhaps specific past actions that cause you to believe that you are indeed a Light Leader

Describe the actions that you will now take to heal, change, improve, evolve, and resolve those aspects of yourself that are currently diluting the power and purity of your Light Leader participation in your world.

Describe the actions that you will now take to bring more of your Light Leader aspects out into your personal and professional life. Include describing actions that you will take to manage any fears, lack of courage, and insecurities that might arise as you step more confidently into living as a Light Leader.

Describe the personal and professional support that you would like to receive so that you could accelerate your abilities to more powerfully express the Light Leader that you envision you are capable of embodying in this life time.



~ Let's Talk About YOU As A Light Leader ~

Let's get on the phone together. We will identify what you need to heal, resolve, and strategize your Light Leader presence in your world. This will include discussing your readiness for greater Soul Alignment in all areas of your life.

Step #1:

Please fill out this survey. We will not be able to have an initial session without this survey being submitted:

https://www.surveymonkey.com/r/8MZC6CC

Step #2

Schedule a 15 minute, no cost phone session with me from my Business Services Menu. I suggest that you allow for 30 minutes in your schedule in case we need more time together.

https://tinyurl.com/y7nq2atm

It is hard to put into words how excited I feel at the thought of you bringing more of your power, mission, and purpose out into the world. You are needed now more than ever for our current consciousness awakening evolution.

