

CLARITY!



A KEY INGREDIENT

To Deliberately Craft

The Life

Of Your Dearest Dreams!

То

Succeed In Sync With Your Soul ™



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Companion MP3 - SUCCEED IN SYNC WITH YOUR SOUL

The motivational audio companion to this Key Ingredient Report



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INTRODUCTION

Dear Friends,

I'm excited and honored to offer you this Key Ingredient Report.

In addition, you'll begin to receive my Entrepreneur Soul Purpose newsletters and announcements filled with tips and treasures.

I'm here to help! If you have any questions or desires for

coaching/healing support after reading this guide, please call us

at 415-328-2631 or email info@entrepreneursoulcoach.com.

Are you hungry to discover and live your unique Soul

Purpose and your Soul's Passions? I hope so!

My purpose in writing this report is to intensify that hunger and inspire within you a drive and determination to take the time and gain the skills with which to deliberately craft your desired lifestyle and become the person you long to be... in ALL ASPECTS of your life.

My ultimate prayer is that this Report will start an ever-increasing escalation of longings within you to discover and live your Soul Purpose.

One of the greatest portals through which you can pass as a human being is the one that brings you face to face with your Destiny through embracing your Soul Purpose. This is a portal that can take you to inner states of profound inner peace, spiritual fortitude and Self Love. CLARITY about your Soul Purpose and the life that you deeply long to live will reveal the gift that is you and the treasure trove of gifts that you were born to bring into your world!

"God has given each of us our "marching orders."

Our purpose here on Earth is to find those orders and carry them out.

Those orders acknowledge our special gifts"

- Seren Kierkegaard



Who Will Benefit From This Report

Anyone who:

- ✓ Seeks greater meaning, fulfillment and richness in all areas of their life.
- Experiences confusion, despair, or overwhelm because they don't have a sense of purpose, direction or meaning in their life.
- ✓ Is willing to change behaviors, beliefs, and life circumstances in order to create more satisfying life experiences.
- ✓ Wants to actualize their core values, spiritual beliefs, and lifestyle dreams.
- ✓ Is ready to feel more certain that they can have their desired life.
- ✓ Wants to design their life components in greater detail.
- Believes that their objectives, goals, projects, and aspirations are under their control to achieve and are within their grasp to accomplish.

HOW TO BEST USE THIS REPORT

You may think you already know what you really want in your life. But after working with the material in this Report, you may be surprised by the many places of grey that exist within your assumed CLARITY. Here are some suggestions to help you get the most from the principles, exercises, and sequence of inquiries you're about to experience.

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Do your best to get in touch with your deeper thoughts and feelings so you can discover where you experience both discomfort and pleasure in your current life.



Respect yourself enough to own, admit, articulate, and declare what it is you want.



For best results, be willing to take all necessary, possible steps to act upon the information sure to emerge from this inquiry.

Believe, trust, call upon your inner knowing, and remind yourself that you deserve the life of your dreams.

"He who has a Why to live for can bear any How."

- Friedrich Nietzsche

In What Areas Do You Need Greater Clarity?

Before we dig in to the heart of this material, take some time to review your life and reflect upon the areas or issues that require greater CLARITY.

Look for:

- ✓ Passions you want to live with more intensity and consistency.
- ✓ Those areas of your life where you know there is greater possibility and potential.
- ✓ Where you feel excitement, greater aliveness, joy, peace, determination, creativity, and love.
- ✓ Those people whom you regard as life models. Whether real or fictitious, deceased or still alive, these people exemplify an involvement with life you want to claim as your reality.
- ✓ Relationships, jobs, health situations, financial circumstances, spiritual issues, recreational and fun projects, and goals that resonate with your core values and deepest heart desires.
- ✓ The feelings, images, internal dialogue, sensations, and even the tastes and smells that arise in your mind when you allow your imagination to freely create the life of your dreams.

You can further activate your clarity and imagination with these questions:

- o Why am I here in this lifetime?
- Where am I going in my life?
- What do I long to contribute?
- Who do I need to become to have what I want?
- What do I need to have accomplished and experienced to have a life of no regrets?
- What has been standing in my way from my best life?
- What am I ready to face to remove blocks and distractions?
- Who are my allies and support systems to keep me actively pursuing my goals?
- What is it about me that brings enrichment and upliftment to others in my life?
- What do people say are my greatest gifts, strengths, and talents?

"There are two great days

in a person's life ...

The day we are

born...

And the day we

discover why."

- William Barclay

The Role Of Beliefs

Since one of the intentions of this report is to help you remove any blocks that prevent you from having a beautiful, passion filled, purpose-based life, it's helpful to examine any beliefs that may stand in your way before you enter into the upcoming process.

As you develop an awareness of your negative beliefs, you'll gain a certain sensitivity that will help you rapidly remove the blocks preventing you from living the life of your dreams... the life you were born to live.

To help you start updating correcting, and transforming your belief system, look for thoughts, fears and beliefs that feel like the following:

- 4 I'm not good enough
- 4 I don't deserve
- **4** I will lose my friends and/or family
- \rm Who am I to want this?
- 4 I can't _____
- 4 I will never ____
- 4 It's too late
- 4 I'm too old/young
- 4 I don't know enough
- 4 I know too much
- **4** I don't have what it takes to make this happen
- I can't handle success
- 🖊 I can't face possible failure
- **4** My past sins and mistakes are too bad for me to be happy

You may have others not listed here. Please write them down for yourself so you can work on them when you are ready.

There are many technologies available to help you change your beliefs. For instance, when I help my clients transform negative beliefs, I draw upon many proven technologies, like hypnotherapy, Neuro-Linguistic Programming, Reiki and Soma Pi energy transmission, and combinations of other change work systems.

If you're interested in learning more about these systems and resolving negative, limiting beliefs, we can have a complimentary Strategy Session to explore available options: <u>http://www.entrepreneursoulcoach.com/Complimentary-Strategy-</u> <u>Session.html</u>

You can use the upcoming exercises and questions to begin to neutralize negative belief, take back your power, and re-direct your energy into positive beliefs. This will allow you to begin to materialize your preferred outcomes.

> *"I am here for a purpose And that purpose is to grow into a mountain, Not to shrink to a grain of sand.*

Henceforth will I apply ALL my efforts to

Become the highest mountain of all

And I will strain my potential until

It cries in mercy"

- Og Mandino

The Shadow Self

Just as negative beliefs can block our ability to have what we want, so can our Shadow Self, that part of ourselves that holds tendencies, blocks, wounds, beliefs, expectations, and hidden experiences we would prefer to deny, dismiss or drive out of our present state of being. But our ignorance or denial of these powerful parts of ourselves compromises our forward movement towards living our highest vision of our desired reality.

As you look at your negative beliefs (as we did above) and start to move into the process we're about to do, it is very possible your Shadow Self will make an entrance and stir up some resistance. It could make an appearance right in the middle of the process or afterwards. Or even now! You'll recognize it by the negative, defeating influence it has on your state of mind, your expectations and your belief in what's possible.

But the good news is that when we embrace and understand the components of our unique Shadow Self, we can heighten our CLARITY about the personality we want to become as well as what stands in our way of living our preferred life.

So, if at any point in this process, you start to feel defeated or resistant, or if your negative beliefs are holding you back, please contact me so we can work through this very important phase of your journey in discovering your Soul Purpose and living the life you were born to live. No one makes this journey alone, so do not hesitate to ask for the support you need.

"When you follow your bliss...

Doors will open where you would not have thought

There would be doors; and where

There wouldn't be a door for anyone else."

- Joseph Campbell

Part One: PREPARATION

OK! Are you ready to gain additional CLARITY about what you truly want, what stands in your way, and your options to remove those obstacles?

Please choose a day and time when you can relax and focus only on yourself. This is a special time for you. Do you have some music to take you into an inner focused state of mind? Playing peaceful, soothing music can help facilitate your ability to get in touch with your deeper emotions and thoughts.

Let's begin with some catalytic questions:

What IS the life that you were born to live?

How can you discover the life you were born to live?

A good place to start your is by identifying: what you long to live, who you want to include in your life, and what you must discontinue if you are to manifest the life you long to live.

What would you like to do, who would you like to be, what would you like to have that makes you feel excited and inspired?

Who makes you feel alive, happy, and valued when you think about that person in your life?

What and who can you no longer tolerate?

With these observations, you've started to access a deeper communication with your more submerged thoughts and feelings.

Next, gently and with focused concentration, summon forth the courage to begin your exploration. Think through scenes and memories of your life's journey. In the safety and privacy of your

own thoughts, admit to yourself if there are pockets of your life you need to improve.

If so, commit as best as you can to upgrade those life arenas that you feel are:

- Taken for granted
- 4 Uncomfortable
- 📥 Hopeless
- **4** Impractical and unrealistic
- 4 Too far gone
- 4 Impossible to attain your ideal vision
- 4 Passionless
- Meaningless
- Purposeless
- Compromising your values and your Soul
- Outdated due to lack of practice or implementation
- Too time consuming to integrate into your current life structure

"Always seek out the seed of triumph

in every adversity."

-Og Mandino

Part Two: Setting Focus

Now we are going to dive into two foundation categories that require the greatest CLARITY. Please answer the following with as much detail as possible:

- What DO you want in your personal and business life?
- What DON'T you want in your personal and business life?

Sounds simple, right? You've heard all of this before, true? OK. Then, let's have you go to your next level of CLARITY with both questions to capture what your Soul truly wants you to live.

Even if you're already living your desired life in both personal and business expressions, there is always a deeper layer of detail and alignment that will give you greater CLARITY about what you deeply desire to live, actions you need to take, blocks you need to clear so that your Soul Force can move through you with greater ease and flow.

Keep in mind that CLARITY is sometimes a process that takes its time before the ultimate desired arrival point is identified. Sometimes, a series of events, incidences, circumstances, and experiences must occur before you can detect the specifics of what you do want and what you don't want in your life.

A helpful attitude is to take is that of the Observer. Watch your life unfold. What is your life telling you about who you are and what you truly want included in your life? What keeps showing up in your life that you don't want? What makes you feel passionately happy about greeting each new day?

"When you are clear, what you want will

Show up in your life and

Only to the extent you are clear."

- Janet Bray Attwood

Part Three: INTERNAL PROCESS EXERCISE.

Please give yourself permission to let your imagination soar during this internal process. Promise yourself that you will not judge, debate, criticize, deny, rationalize away, censor, or thwart what comes to you. By allowing yourself to unleash your imagination, you will give yourself the chance to reveal your highest visions for your best life.

This is the part of the process where you'll learn what truly lives in your heart and soul. This is where you can develop a richer appreciation for yourself, your gifts, your talents, your skills, and what makes you "tick."

Give yourself permission to tap into your heart's desires to reveal your passions — the indicators of your Soul Purpose.

Encourage the information to flow freely into your awareness and your senses.

Again, sometimes CLARITY has its own timing when it surfaces into one's awareness. Your job is to love yourself and summon the courage to dream, craft, and claim the most meaningful, fulfilling life for yourself.

Here We Go!

Please read the instructions through several times so you can then do the exercise without needing to read along. You can do this exercise once to explore your personal CLARITY inquiry, and then again with the intention of exploring your business-related CLARITY inquiry.

You can do the two inquiries in separate sessions or back to back. You may choose to create your own recording of these steps using your own voice and customize it with specific preferences. 1. Start by choosing which arena you want to focus upon: business or personal life inquiry.

2. Close your eyes. Get into a relaxed, centered state by slowly and gently breathing. Scan your body for tension areas. Gently breathe into those tense areas affirming that you are releasing any stress, tension, or pain, you might feel in your body.

3. Create a beautiful, restful scene where you can see yourself sitting or lying down to contemplate and dream about your desired life. Perhaps you can visualize a place in nature. Perhaps you can imagine a sanctuary or special room, decorated to your personal esthetic standards. What do you see, smell, feel, sense, hear in your special setting?

4. When you feel settled into this scene, gently ask your intuition and your imagination these questions:

What do I want in my personal life (or in my business life)? When my personal life (or my business life) is ideal, what am I doing _____? Who am I being_____? What am I having _____?

5. As images and sensations fill your awareness, notice which scenarios, desires, relationships, images, events or circumstances present themselves. Which ones allow you to feel the most passionate about being alive and being in engaged in life?

Continue to use all of your senses as best as possible: What do you hear, feel, see, taste, touch, smell?

6. To further sharpen your recognition of what you truly want, allow yourself to imagine the scenarios, events, relationships, circumstances and experiences YOU DON'T WANT. Let this information about what you DON'T want offer greater CLARITY about what you DO want. Again, use all of your senses as best as possible: What do you hear, feel, see, taste, touch, smell?

7. When you feel you have gone as deeply as possible for this session, gently open your eyes and write down highlights from your Intuition/Imagination CLARITY session.

The following Journal exercise will assist you in integrating your inner experience so that you can begin designing your ideal life.

"What the mind of man can conceive and believe, it can achieve."

- Napoleon Hill

"As soon as you commit to a particular future, you begin to download the energies necessary to make that future real"

- Marianne Williamson

"Shoot for the moon. Even if you miss, you will land among the stars."

- Les Brown

JOURNAL NOTES

What did you learn about yourself pertaining to your personal life?

What did you learn about yourself pertaining to your business life?

What steps do you need to take to bring more of what you want into your life?

What blocks do you need to remove so that you can take your necessary steps?

Who are your support people, your "champions in life," to whom you can turn so you can take your necessary next steps?

On a scale from 1 to 10, how would you rate your motivation and clarity after performing this exercise, with number 1 being a rating of no motivation, unwilling to move forward, or wanting to forget about your desires. A number 10 would mean you are highly motivated, ready to take the necessary steps to have you want, nothing will stop you, and you're determined to have the life of your dreams.

What is your current rating
#_____

If you are not at a#10 rating of intense motivation and determination, what is the very next step you are willing to take to move you closer to #10?

INSPIRED NEXT STEP ACTIONS

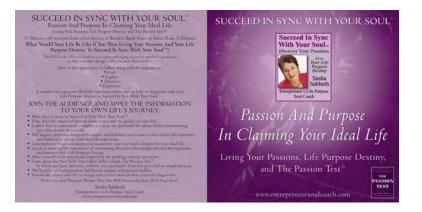
CONGRATULATIONS!!! You completed your internal investigation of your heart, your mind, and your spiritual memories. You probably sensed or heard whispers of where you must bring your life in order to experience greater meaning and fulfillment.

There are many possible next steps you can take to follow through on your dreams. One step is to schedule a complimentary Soul Purpose Success Strategy Session with me. Here is my Strategy Session website page: <u>http://entrepreneursoulcoach.com/Complimentary-Strategy-Session.html</u>.

Another next step to take is to experience Succeed In Sync With Your Soul, a recording of one of my live presentations where I spoke about how to live your passions and your Soul Purpose. The video clip on my website is an excerpt of that event: <u>www.entrepreneursoulcoach.com/Succeed-In-Sync-With-Your-</u> <u>Soul-MP3.html</u>

This MP3 (or CD) is the perfect motivational and inspirational tool after completing the CLARITY process to perpetuate your momentum and commitment to your passion filled life design.

Succeed In Sync With Your Soul[™] MP3 - \$37.00



Passion And Purpose In Claiming Your Ideal Life: Living Your Passions, Life Purpose Destiny, and The Passion Test™

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What Would Your Life Be Like If You Were Living Your Passions And Your Life Purpose Destiny To Succeed In Sync With Your Soul[™]?

This CD or MP3 is an effective tool to use again and again to revisit the catalytic questions that started your process of designing the life you were born to live. Recorded before a live audience, it offers the most inspirational excerpts from this experience at Borders Book Store in Santa Rosa, California.

Some of the subjects covered are:

What does it mean to Succeed In Sync With Your Soul[™]?

What does Passion mean to you and the quality of your life?

How to consciously complete a year, or any particular life phase, before transitioning into what's next in your life.

Plus...

A Visualization process to uncover your true heart's desires.

Self Inquiry questions designed to help you assess your current life experience and deliberately design your ideal life expression.

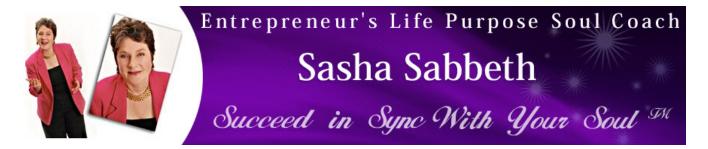
The amazing life experiences of people who overcame obstacles by pursuing their passions and honoring their Soul Purpose.

The benefits of having passion fulfillment support and passion buddies.

How to review and activate your ideal life design.



CLICK HERE FOR MORE INFORMATION AND TO PURCHASE SUCCEED IN SYNC WITH YOUR SOUL - MP3



TESTIMONIALS

"Sasha Sabbeth is a force to be reckoned with. She has a quiet, precise power that allows her to be completely clear about her insights. She quickly brought me to the recognitions I needed about my life which helped me refocus my business for greater success."

- Suzanne Sherkin: Highborn Communications - President - <u>www.highborncommunications.com</u>

"Sasha Sabbeth is an amazing woman - a decisive problem -solver with sound ability to strategize and think clearly under pressure. She is self-motivated, inclusive, decisive, resourceful, and thoroughly committed to professional excellence. Her coaching and presentations help others to clarify their true passions, and facilitates them to move in the straightest path towards fulfilling their dreams."

- SM: Public Relations Business Owner

"Sasha is a catalytic presence. She is particularly remarkable as she demonstrates laser sharp, no nonsense intention and wisdom delivered with compassion, empathy, profound intuitive perception, humor, and love. She will champion your highest vision with dauntless commitment for you to reach your highest personal and professional potential."

- Wendy Phelps: Home Care Nurse

"Sasha Rocks! Working with Sasha is like being on a space shuttle when it launches. Once the solid rocket boosters have been ignited, there is no stopping, you are LAUNCHING ... whether you planned for it or not. You are on your way! I never imagined this much ground could be taken in just 2- 1/2 short weeks. I spent years in therapy and never made as much progress as I have made in this short amount of time by working with Sasha as my Success Coach, Personal Development Trainer, and Healing Guide.

I can truly say that I am so much happier, at peace and relaxed. These kinds of emotions and states seemed non existent prior to working with Sasha. Many actions and pursuits that I have resisted or avoided previously are now so much easier to deal with on a day to day basis. I highly recommend her Entrepreneur's Life Purpose Soul Coach packages and services."

- Lynne Sagen: Online Marking and SEO Specialist

"I am currently the Vice President of a Fortune 500 company. My profession is so consuming that I don't necessarily take enough time to really reflect upon what's important to me. The particular value of the Passion Test is that it brought me clarity as to where to put my intention and attention to make my life's journey the most powerful and positive that it can be. This was not just another exercise. This was about Sasha supporting me in achieving my life's destiny."

- CP: - Vice President

"Working with Sasha has been an incredibly empowering experience. The 10 minute Daily Laser Alignment Coaching sessions have helped me achieve clarity about my Life Purpose and how to release what has been holding me back. Working in partnership with Sasha, I am creating a plan for my future which reflects my passion and life purpose, honors my commitment to self care in body, mind and spirit, authenticates my desire to make a difference in the world with my work, and to Succeed in Sync with My Soul!"

- Mary E. Knippel: Creativity Mentor, Writer, Speaker - <u>www.openuptoyourcreativity.com</u>

"Just one 10 minute phone session with Sasha has already changed my life! I signed up for her "One Month, 10 Minutes A Day Laser Coaching And Healing Program" because I wanted to get grounded and focused each day to be productive in my business and live life to the fullest. I had no idea that I would experience such tremendous results so quickly. I was zapped into action!

"I have worked with dozens of wholistic practitioners and coaches. No one stood out to me, grabbed my interest, or caught my attention in the way that Sasha did.

I was surprised that I could feel Sasha's transmission of energy right away over the phone. It carried me through the whole day. Even at night, I was so energized, that I could not stop myself from working on creative projects because I was having so much fun.

What I like about Sasha is that she combines very potent, powerful, intuitive long distance energy work with concrete success strategies. I highly recommend Sasha for her coaching and healing work."

- PJ Van Hulle: Director: www.realprosperityinc.com

"Sasha Sabbeth is a very gifted intuitive soul coach. In a very short time, she drew my life purpose from deep within me, right from my soul. My face immediately looked younger and I felt more grounded in my natural energy as Sasha helped me release old energy blocks that no longer served me. Sasha's process has given new meaning and clarity to my work. I feel more in alignment with who I really am and what my gifts are. Knowing my soul purpose has given me the confidence to offer new programs and charge higher prices for my services because I now know that what I can do for people is invaluable."

- Jan Marie Dore, MCC: The Professional Women's Success Coach <u>-</u> <u>www.femalepreneurs.com</u> "One of the benefits of working with Sasha is her Socratic dialog. She is a person that "sees" the paths of her clients, and infuses energy into their goal achievement."

- T B: Power Decisions Group - President and Owner

"Doing the Laser program with Sasha was a turning point in my life. It was a challenge for me to show up for myself every single morning in such a concentrated way, and profound to have someone so lovingly and wisely hold my feet to the fire. And, it paid off financially as I have just had my single best week financially since I started my business. Of particular impact was the work we did to elicit my Business Soul Signature. Knowing my Soul Signature has given me a clarity and confidence inside myself that has solidified my focus, something that I have grappled with for a long time. This focus has greatly reduced the stress in my life. My creativity is flowing with a sense of purpose and direction that is powerful. I feel aligned with the Universe, and opportunities are coming my way. Sasha's gift as a coach is awesome, and her ability to elicit the best in me is what I am most grateful for."

- Joie Seldon, M.A.: Emotion EducationTM Practitioner, Public Speaker - <u>www.joieseldon.com</u>

"One week into my month long coaching journey with Sasha, and I feel a fire in my belly that has not been burning in years! Our conversations seem to take on a spiral shape, allowing me to open and go deeper again and again, creating space for me to expand to my full potential. Sasha's ability to balance the feminine and masculine provides the perfect blend of intuition and warmth with strength and productivity. My mind feels quieter, my body more relaxed and my heart more expansive. I am choosing my actions with greater clarity, purpose and intention, and trusting myself fully in the process. The most remarkable experience is that my clarity around my life path has me resonating at a higher frequency, and I'm finding the people in my life are stepping up their own power to meet me in this new place! It is beautiful and energizing, and working with Sasha is exactly what I needed to re-ignite the passion and power back in to my business and my life!"

In Abundance and Health,

- Beth Allen: Networker Marketing Professional and Business Development Mentor <u>www.meetbethallen.com</u>

"Your Passion Test Workshop was really helpful and valuable for me! I learned several tools which I can utilize to further my ability to identify my passions and then to manifest them in my life."

"As a self-employed photographer, these tools will help me in directing my efforts to increase my business and to be more organized. Thanks for your wonderful facilitation of a topic that could have gone off track many times, yet, you kept us on track and kept the momentum going. Thank you for a day well spent!

- CJ: Professional Photographer

"What a powerful and profound consultation I received from Sasha. A deep healing and awakening that have led to concrete steps and actions I've immediately incorporated into my life. Thank you Sasha."

- Beth Barany: Book Coach and Creativity Consultant - www.bethbarany.com

"I want to specifically thank you for an amazing journey in just one month time from participating in your Laser One Month 10 Minutes Daily Coaching And Healing Program! I first came to you in a scattered place where life seemed to be happening to me and at an uncontrollable speed. Too many things going on, too many business ideas and not enough focus on who I am and what I really want to contribute to life and work in particular. Waking up every morning to hear your voice and receive your guidance was priceless. You provided me with practical tools to cut through the confusion in my mind and heart and be able to discern the right decisions to make. I also LOVE the Passion Test[™] Process. I recommend this process for anyone who takes life seriously. The Passion Test[™] is particularly valuable for anyone who is in a place where they want the rest of their days to matter and to reflect their signature gift to the world.

Sasha's signature gift to the world, in my book, is that of a loving presence who guides people into and through the journey of Being, being exactly who they are meant to be and prospering because of who they are.

Much love!"

- Elisa Reitsch: Easy Start Sales Program - www.salessolutionsusa.com

"My work is chiropractic, neurology, and nutrition and my goal is to rapidly expand my practice to full capacity. Sasha was very insightful in the flow of her presentation, the questions she asked, and in her interactions with the audience. She is very skilled at sensing the barriers that someone may be facing. Sasha is equally good at recommending solutions or alternate approaches to life's challenges."

"From Sasha's presentation, I gained further clarity into my values and life goals and how to best achieve them. I highly recommend Sasha Sabbeth as a public speaker, motivator, and Entrepreneur's Life Purpose Soul Coach. "

- CC: Chiropractor, C.C.N.

"Recently, I had the privilege of hearing Sasha Sabbeth speak to a group of people on "Discovering Your Passions". I was impressed with Sasha's calm and serene speaking ability. Sasha was amazing! She brought total strangers into the discussion with humor and ease. Sasha's subject matter was so thoughtprovoking, I found myself replaying certain comments in my head on the way home. Sasha is truly an inspirational speaker."

- Suzanne Dodd: Bennett Valley Jewelers - Office Manager

"You certainly helped reveal the next steps that mattered to me the most. You served as a great listening catalyst. The Passion Test is very valuable for individuals and organizations. When people are connected to their passion, they are more productive as passion generates energy and commitment in all aspects of someone's life. It is a great gift for all employees."

-Stewart Levine: Resolution Works - Attorney, Public Speaker, Author - <u>www.resolutionworks.com</u>

"In my experience, there are three most important characteristics of a successful presentation. One is the passion of the presenter; the second is the invitation to participate in the dialog; and the third is the clarity of the topic matter. Sasha did a great job with all three. The audience responded to Sasha's openness and fully participated in the event. One of the highlights was how Sasha worked with an attendee to get beneath the surface of her concerns. Watching Sasha help this person really created value for me. I was impressed with Sasha's demeanor and focus during the event. I finished the event well-informed about the opportunity, as well as the next steps."

- Tom Marx: The Marx Group - President and CEO - www.themarxgroup.com

"I attended one of Sasha Sabbeth's presentations. The energy that she exuded was infectious. Sasha's enthusiasm was reflected in her speaking and captured the attention of everyone present. I was particularly impressed with Sasha's attention to each person. The presentation left me feeling empowered with the tools and desire needed to reach deeper into myself. It truly was a mind opening experience. Sasha opened the door to redefining my potential, to identify and embrace my passions and the purpose will follow."

"Thank you, Thank you, Thank you, Sasha! It is clear that you have found your purpose. I'm seizing this opportunity to once again bring balance to my life!"

- P. G: Sonoma County Assessor - Assessment Clerk

"Doing the Print Personality Profile with Sasha was a very validating and illuminating experience. I got tremendous value from finding out about my unconscious motivators and how they fully drive my actions and beliefs. Sasha offered her own integration of the information through her great insight and vision. In addition, she had a way of reframing my thoughts/questions so that they were powerful, useful and enlightening for me. I left our call uplifted and empowered."

- Rita Reneaux: YES And Company - Trainer, Business Consultant - <u>www.yesandcompany.com</u>

"I have greatly appreciated Sasha Sabbeth's soul coaching services. I believe they have helped me more strongly focus on my marketing activities by identifying those values and beliefs that motivate or hinder my goal achievement, and to see what means and ends I take to satisfy these goals. These exercises made me realize more than ever what values are most important to me, so that I only pursue clients who match those goals. Thank you for your valuable services. I look forward to our next session!

-Nancy Lewellen: Palladian Law Group - Attorney-www.palladianlawgroup.com

"I have been a professional coach and business owner for many years. I enthusiastically wish to acknowledge the value and inner clarity experienced in the work that I did together with Sasha Sabbeth in The Passion Test[™] process. She is a most insightful and focused coach who tirelessly facilitated my discovery in this powerful process. The breakthroughs gained working with Sasha were something that I was unable to create for myself. I recommend this valuable coaching to all business owners wanting to move past blocks that limit - to passions that inspire. This revealing and insightful process will create a firm foundation on which to build a satisfying and fulfilling life. And, Sasha is the perfect facilitator and mentor for that result. Inspire yourself to live a life of NO REGRETS! Call Sasha! Sasha, thank you sincerely for your love and commitment to your clients."

- Marilyn Davidson: Chi Enterprises - Coach, Trainer, Business Owner

"Going over my print profile with Sasha has given me an easy and deep understanding of what makes me tick! I also received answers to why certain situations trigger and totally take me out the game. I received reinforcement that my current path in business and relationships will provide continued fuel for passion, prosperity and joy. I also received strategies to quickly move into my best self and away from shadow self.

Thank you Sasha for being a guiding light!"

- Maurine Xavier: Isagenix Consultant -www.mxbestlife.isagenix.com

"I started working with Sasha in her Laser Program at a time that my life felt very scattered. I had no focus, I wasn't grounded at all, my confidence level was pretty low, and I couldn't figure out my goals, and a large part of this was that my family life felt very disharmonious. My husband and I had gotten to where we were hardly communicating at all. I felt like I was lost. In this short time, I feel like a different person! Things have defiantly changed for me. The romance and communication have returned and I now have tools to help me with this. I feel a total sense of inner peace; I feel confident and know that I have so much to contribute. I have direction and am very excited about creating and living my perfect life!!

Thank you so much Sasha for helping me recognize my potential!

My love and gratitude"

- Karen Enarson: Bio Marketing Manager - Orenda -<u>www.myorenda.com/KarenE</u> Independent Consultant - BioPro Technology - <u>www.mybiopro.com/kenarson</u>



ABOUT SASHA SABBETH

The Entrepreneur Soul Purpose Soul Coach

Sasha Sabbeth is an Entrepreneur Soul Purpose Soul Coach with 23 years of experience as a personal, spiritual, and business development consultant, speaker, and trainer. Her mission is to help clients craft themselves, their businesses, and their world to passionately live their Soul Purpose. Sasha's signature message is: Succeed In Sync With Your Soul ™.

As a Certified Passion Test[™] Facilitator and a True Purpose Coach[™], Sasha's specialties include guiding her clients (especially those in life transition) to focus on their passions and life calling in order to design the life they were born to live. As a catalyst, Sasha aids individual clients and large audiences to connect to their intuition, core values, and their intrinsic talents. Clients acknowledge how they are moved by her perceptiveness, compassion, and persistence. These qualities are the hard-earned yet blessed results of Sasha's own extreme life experience of illness and emotional trauma.

Sasha also helps her clients and audiences identify their unique Business Soul Signature, which allows their business objectives to be a seamless expression of their Soul Purpose. In this way, Sasha's work removes the compartmentalization of one's life expression, which leads to greater business profits, expanded client bases, and effective, strategic productivity.

Her simple, effective tools include Neuro Linguistic Programming, Print Strategies profile personality assessment tools, project design strategies, self hypnosis, law of attraction templates, intuition building, and stress management techniques. When appropriate, Sasha uses her unique transformative tool of vocal toning to help clients release the blocks that limit them, strengthen their goal attainment and experience healing relaxation.

For devoted pet owners, Sasha offers leading edge resources to inspire clients to better care for and understand their pets. As a Reiki Master and a Soma Pi energy healer, Sasha transmits hands on or long distance healing energies to help pets recover from injury and illness. She also assists pets who are ready to die in the transition over the "Rainbow Bridge," and she comforts their companions who are left behind.

It was Sasha's extraordinary relationship with her dog, Echo, which sparked her commitment to the well being of animals. Because of the deep love between Echo and Sasha, and Echo's strong commitment to life, Echo survived cancer for 11 years. She transitioned peacefully in Sasha's arms at the age of 17.

CLOSING PRAYER

Dear Friends,

Thank you for including me in your life for this period of time. If you keep using this information, you will create new Neuropathways that will allow you to more easily have the life of your dreams. Your Soul knows your path. Living your Soul Purpose will guide you along your Divine path.

My prayer is for you to never stop until you have what you want... and nothing less.

"Living a life of no regrets

is the outcome

I intend to inspire in you....

Through the portal

Of your Soul Purpose,

It is possible.

You can

You will ..."

Blessings And Warmest Regards,

Sasha Sabbeth

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