

Connection Accelerator #2

Part 1

1. SELF DEVELOPMENT Goal: Describe your goal to be completed by May 10, 2017 Use specific, measurable results clarity in your description by asking yourself the question: "How will I know when I have accomplished this goal?" and write down the evidence of completion.							

2. FINANCE / INCOME Goal: Describe your goal to be completed by May 10, 2017 This does not necessarily pertain to identifying a dollar amount that you wish to manifest by May 10 th . It is a goal that is Income and Finance related. Use specific, measurable results clarity in your description by asking yourself the question: "How will I know when I have accomplished this goal?" and write down the evidence of completion.
3. THAT WHICH YOU WISH TO ACQUIRE, OBTAIN, POSSESS Goal: Describe your goal to be completed by May 10, 2017. This relates to internal aspects that you might want to possess as well as external world acquisitions. Use specific, measurable results clarity in your description by asking yourself the question: "How will I know when I have accomplished this goal?" and write down the evidence of completion.

Part 2

Daily Journal Sheets

otes from your conversation with your Higher Self. Write down daily action steps:

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Spring Cleaning With Your Spirit Guides: Soul Sourced Solutions For Business And Personal Breakthroughs

Finances / Income					
Notes from your conversation with your Higher Self. Write down daily action steps:					
					

That Which You Want To Acquire, Possess, Obtain					
Notes from your conversation with your Higher Self. Write down daily action steps:					

Part 3

Two Support Tools to use for this exercise:

Tool #1: Use Warm Up #4 regarding transforming blocks and negative belief systems as a support tool in this phase of your exercise:

Audio Link:

• http://www.entrepreneursoulcoach.com/Class/scsg.warmup4.belieftransmutation.mp3

Handout Link:

http://www.entrepreneursoulcoach.com/Class/scsg.warmup4.beliefworksheet.docx

• Tool #2: This is an exercise taught in my course, "Spiritual Power For Success Momentum." It is to transform blocks that present themselves in the form of self defeating internal dialogue, behavior, and beliefs: "Transforming Blocks"

Audio Link:

http://www.entrepreneursoulcoach.com/Class/2917.transformingblocks.spsm12.mp3

Written Steps:

Transmuting Blocks, Pain, Limitatio	ns Exercise			
Step 1: Feel And Surrender				
Step 2: Willing To Understand The Lessons				
Step 3: Willing To Release	/ Choose To Release			
Step 4: Willing To Receive Guidano	e, Solutions For			

- **Step 1:** Identify all self defeating internal dialogues and behaviors. Identify the negative beliefs that are driving those self defeating internal dialogues and behaviors. List them below.
- **Step 2:** Then, ask your Higher Self to explain the lessons and the learnings that are available for you to recognize that are embedded in each of those self defeating internal dialogues, behaviors, belief systems.
- **Step 3:** Partner with your Higher Self to devise action steps that you can take that will eventually neutralize, diminish, and change the presence of those self defeating internal dialogues, behaviors, and beliefs
- **Step 4:** Use both of the above mentioned Support Tools to process resistances that present themselves during your Accelerator #2 exercise. This includes resistances that might arise as you consult with your Higher Self regarding your Action Steps Plans.

