

Spring Cleaning With Your Spirit Guides: Soul Sourced Business And Personal Breakthroughs With The Support Of Spirit Helpers

1.	State your intention for attending this course:



2. Describe who you will become, the abilities that will emerge from withir you, and what your life will include once you accomplish your intention for				
ttending today	/'s course:			
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General Notes About
Your Higher Self, Spirit Guides, And Access To The Spirit Realms
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General Notes About Energy Set Up Practices To Prepare For Meeting Your Spirit Guides:

Note: You can use this page to include your descriptions of the sun scan exercise as well as your grounding and protection declarations

General Notes About Meeting Your Higher Self

General Notes About The Gate Keeper

General Notes About Meeting Your Gate Keeper

General Notes About Your Additional 3 Guides

General Notes About Meeting Your Additional 3 Guides

Spring Cleaning With Your Guides Planner Pages List 1 Goal For Each Of These Categories:

*Finances
 * Self-Development
 * That Which You Want To Acquire

Finances
Include measurable Evidence of Completion

Finances Consult with your Higher Self and Guides. Write down 3 actions steps that can be successfully completed by the completion of this course
Include approximate time frame by when these steps will be performed

Self - Development Include measurable Evidence of Completion

Self - Development Consult with your Higher Self and Guides. Write down 3 actions steps that can be successfully completed by the completion of this course
Include approximate time frame by when these steps will be performed
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That Which You Desire To Acquire Include measurable Evidence of Completion

That Which You Desire To Acquire Consult with your Higher Self and Guides.
Write down 3 actions steps that can be successfully completed by the completion of this course
Include approximate time frame by when these steps will be performed
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What Do You Need To Let Go Of To Accomplish Your Goals? What Are You Ready To Activate To Accomplish Your Goals?

Consult with your Higher Self and Guides: If relevant, include desired time frames by when to let go and activate:

1.	Regarding Your Finances Goal:
2.	Regarding Your Self - Development Goal:
3.	Regarding Your Self - Development Goal:
	Misc. Thoughts Regarding Letting Go And Activating

Name of Meditation/Visualization Exercise		

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Journal Pages For Your Meditation And Visualization Exercises Name of Meditation/Visualization Exercise

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