



*Spring Cleaning With Your Spirit Guides:
Soul Sourced Business And Personal Breakthroughs
With The Support Of Spirit Helpers*

1. State your intention for attending this course:



Finances

Consult with your Higher Self and Guides.

Write down 3 actions steps that can be successfully completed by the completion of this course

Include approximate time frame by when these steps will be performed



What Do You Need To Let Go Of To Accomplish Your Goals?
What Are You Ready To Activate To Accomplish Your Goals?

Consult with your Higher Self and Guides:

If relevant, include desired time frames by when to let go and activate:

1. Regarding Your Finances Goal:

2. Regarding Your Self - Development Goal:

3. Regarding Your Self - Development Goal:

Misc. Thoughts Regarding Letting Go And Activating



Journal Pages For Your Meditation And Visualization Exercises

Name of Meditation/Visualization Exercise



Misc. Notes

Name of Topic

Horizontal lines for notes



Misc. Notes

Name of Topic



Misc. Notes

Name of Topic

Lined writing area for notes, starting with a horizontal line for the topic name and followed by numerous horizontal lines for text.

